NOLP ENROLLMENT FORM
MARCH 1, 2024 – FEBRUARY 28, 2025

NOLP # __________

PREFERRED LANGUAGE
☐ English ☐ Spanish
☐ Other:___________

CLIENT DEMOGRAPHIC INFORMATION

__________ **First Name** ____ **M.I.** __________ **Last Name** __________ **Birthdate**

__________ Pronoun(s) __________ Chosen Name (If different then given name) __________ **Social Security Number**

Birth Sex: ☐Male ☐Female ☐Other ☐Non-binary or X ☐Prefer not to state

Gender: ☐Male ☐Female ☐Trans M to F ☐Trans F to M ☐Non-Binary ☐Other

Race:
☐White / Caucasian
☐Black / African American
☐Native American / Alaskan
☐Native Hawaiian / Pacific Islander
☐Asian
☐Other (please specify) ______________

Of Latino / Hispanic descent? ☐YES ☐NO

Level of Education:
☐None
☐Grades 1-8
☐Some High School
☐High School Graduate / GED
☐Some College / AA / Tech
☐Bachelor's
☐Master's / Doctorate

__________ **Birth Country, if not born in USA** __________ **How long in USA?**

__________ **Address** __________ **Apt/Unit #**

__________ **City** ____ **State** __________ **Zip Code**

BRIEF HISTORY

☐ None
☐ Jail / prison within the past 6 months
☐ Jail / prison within the past 2 years
☐ Jail / prison over 2 years ago

COMMUNICATION PREFERENCES

(______) ________________ **Cell Phone** ☐YES ☐NO

________________ **E-mail** **(cannot guarantee privacy)**

Is it OK to call, text, and e-mail you in the day? ☐YES ☐NO
Is it OK to call, text, and e-mail you in the evening? ☐YES ☐NO
Is it OK to leave a message identifying APLA Health? ☐YES ☐NO

INCOME and DEPENDENTS

$ __________ **Monthly Income** $ __________ **Yearly Income**

Total Number of Legal Dependents: ______________

Ages of Legal Dependents: ______________

Income Source
☐ SSI ☐SSDI ☐SSD ☐ Unemployed
☐ General Relief ☐ Self Employed
☐ Employed ☐ Veteran's Comp.
☐ Other: __________

CURRENT LIVING SITUATION	
☐ Rental (apartment, home, or room) ☐ Client-Owned Housing ☐ Emergency Shelter (motel voucher) ☐ Transitional Housing for Homeless ☐ Substance Abuse or Psychiatric Facility ☐ Other (please specify) ___________________	☐ Staying with family / friend (no rent) ☐ Homeless (street, car, bus) ☐ Hotel / Motel (not paid by voucher) ☐ Permanent Housing (Shelter+Care, SRO) ☐ Jail / Prison / Juvenile Facility **Number of Bedrooms:** _________

BRIEF MEDICAL INFORMATION

Date of First Diagnosis:	**Medical Insurance Enrollment Plan**	**Are you receiving medical care at an APLA Health clinic (GCHC, Olympic, Long Beach)?**
____________	☐ Private ☐ ADAP ☐ Unknown ☐ Medicare ☐ Healthy Way LA ☐ Other Public ☐ Medi-Cal ☐ Other ☐ No Insurance _______________ **Coverage Begins** _______________ **Coverage Ends**	☐ Yes ☐ No **Have you seen your doctor in the last 6 months?** ☐ Yes ☐ No

EMERGENCY CONTACT

☐ **Decline to Provide**

______________________________ **Emergency Contact Name**

___________ **Relationship**

Aware of HIV status? ☐YES ☐NO

(_______) ____________________ **Phone**

Preferred Language ☐ English ☐ Spanish ☐ Other__________

OK to disclose? ☐YES ☐NO

CLIENT HISTORY

Are you a veteran?	☐ YES	☐ NO
Are you chronically homeless/un-housed?	☐ YES	☐ NO
Are you an domestic violence survivor?	☐ YES	☐ NO

My signature below indicates my understanding and certification of:

- NOLP Client Services Agreement (attached herein, page 3)
- Casewatch Millennium® Client Share/Non-Share consent Form (attached herein, page 4)
- HIPAA Consent (attached herein, page 5)
- I consent to receive Nutrition Support/Food Bank Services
- I understand I can receive copies of pages 3-5 at my request

How did you hear about the NOLP Program?

☐ **Flyer**
☐ **Provider - (Please specify):** ________________
☐ **NOLP Staff:** ________________
☐ **Other:** ____________________

________________________________ **Client Print Name** ________________ **Date**

________________________________ **Signature of Client or Parent/Guardian of Minor** ________________ **Date**

STAFF ONLY (BELOW THIS LINE)

==

________________________________ **Administered By (Staff Print Name)** ________________ **Agency Name**

________________________________ **Signature of Staff** ________________ **Date**

THE CLIENT SERVICES AGREEMENT – How the Program Works

NOLP is a supplemental food assistance and nutrition education program designed to serve qualifying low-income individuals living with HIV / AIDS in Los Angeles County.

ELIGIBILTY GUIDELINES

To receive food assistance through NOLP, the following documents are required. ***NOTE: All documentation must be dated between March 1, 2024 - February 28, 2025.***

1. **Photo Identification**
2. Completion of the **NOLP Enrollment**
3. Proof of **Income or Affidavit**
4. Proof of **Residency or Affidavit**
5. **Nutrition Options:** Complete quick nutrition document; attend a nutrition class; or meet one on one with one of our dietitians.
6. **Proof of HIV (New Clients Only):** letter signed by a physician or diagnosis form containing a physician or licensed healthcare provider (Nurse Practitioner or Physician Assistant) signature or laboratory results containing the name of the laboratory and indicating HIV status, CD4 count, HIV viral load, and type of HIV viral load test performed (within last 12 months), or two (2) rapid testing algorithm (RTA) results in which both tests contain positive results. Both tests should indicate the agency name, HIV counselor name, and the client's name. **(Only necessary if enrolling for the first time.)**

NOLP Card

Once enrolled you will be issued a NOLP card, which is an identification card that each client uses to access the program. Upon pick up, you will need to show your NOLP Card or a picture I.D. If you are unable to shop, you can send a friend in your absence. Your substitute shopper will need a note from you stating that he's able to shop in your absence as well as your NOLP Card.

Program Access

Present your card to the NOLP staff member. Sign the sign in sheet and voucher. NOLP clients are allowed to pick up groceries once a week. During your visits, you will receive a variety of items such as: fresh produce, canned goods, pasta, rice, dry beans, frozen meats, beverages, snacks, hygiene and cleaning supplies.

Grievance Procedures

If a client has a grievance with the program, staff, or volunteer of the program, the client should try to resolve the matter with the Site Coordinator. If a solution is not reached, contact the program's Administrative Coordinator. If a solution is still not reached, the client should contact the Program Manager. If you have questions or concerns please call 213.201.1433.

Termination

APLA reserves the right to suspend/terminate a client's shopping privileges if there is evidence of abuse or misuse (e.g., theft, reselling NOLP food, inappropriate behavior which includes bringing a weapon of any kind, and using alcohol/drugs or being under the influence of alcohol/ drugs at a distribution site). Verbal abuse, physical violence or threats to staff, volunteers, trainees, contractors or other clients are cause for immediate termination of NOLP services.

Fee Determination

All food and nutrition education services provided through the APLA Health Vance North Necessities of Life Program are free.

NOLP Locations and Hours

David Geffen Center
611 S. Kingsley Dr. Los Angeles, CA 90005
Every Wednesday and Friday from
10:00 AM - 12:00PM
1:00PM-5:00PM
*Closed 1st Friday of the month

Hollywood
922 Vine St. Los Angeles, CA 90038
Every Saturday from
12:00 PM - 3:00 PM

Pasadena
1845 N. Fair Oaks., G-125
Pasadena, CA 91103
Every Friday from
9:00 AM - 12:00 PM &
1:00 PM - 3:00 PM

Lancaster
45104 10th Street West
Lancaster, CA 93534
Thursdays from
9:00 AM - 12:00 PM & 1:00 PM - 3:00 PM

San Fernando Valley
7336 Bellaire Ave
North Hollywood, CA 91605
Every Thursday from
10:00 AM - 4:30 PM
*Every third Thursday from 10:00 AM - 3:30 PM & 4:30 PM - 5:30 PM

Claremont
233 W. Harrison Ave.
Claremont, CA 91711
The 2nd and 4th Wednesday of the month
1:30 PM - 3:30 PM

Long Beach
590 E. Willow St. Long Beach, CA 90806
Tuesdays only from
9:00 AM - 2:00 PM

South Los Angeles
1679 E. 120th St.
Los Angeles, CA
90059 Every Thursday from 10:00 AM - 12:00 PM & 1:30 PM - 4:00 PM
*Every 3rd Thursday from 10:00 AM - 3:00 PM

East Hollywood
954 N. Vermont Ave.
Los Angeles, CA
90029 Every Wednesday
9:00 AM - 12:00 PM
& 1:00 PM - 3:00 PM

Community partners distribute NOLP in Skid Row, Reseda, Venice, and Santa Monica. Please call 213.201.1433 for information on accessing those sites.

Casewatch Millennium®
Client Share/Non-Share Consent Form

I wish to register with Ryan White Program/Casewatch Millennium® in order to receive services funded by the Ryan White Program or the Department of Public Health (DHP), Division of HIV and STD Programs (DHSP). During registration, I will be asked to provide information about myself, including my name, race, gender, birth date, income and other demographic data. Depending upon the agency or program I am registering with, I may also be asked questions about my CD4 cell count, viral load, use of HIV medications, risk behaviors, my general physical and medical condition and medical history.

In addition to providing information, I will provide an original letter of diagnosis signed and dated by my doctor, or have a blood test that shows that I am HIV positive. By signing this form, I verify that I reside in Los Angeles County.

I understand that certain services may be available to HIV-negative partners, family members, or other caregivers affected by HIV, and registration and service information for these clients will not be shared between agencies regardless of my own share status. I understand that my name and information will not be shared outside the Ryan White Program/Casewatch Millennium® system unless I provide my specific, informed consent for such a disclosure. A list of Ryan White Program/ Casewatch Millennium® agencies is available upon request.

Additionally, as a condition of receiving Ryan White Program services, I agree that my information will be made available to my local health department, to fiscal agents that fund services I receive, to DPH/DHSP, and to the State of California Department of Public Health (CDPH), Office of AIDS, AIDS Regional Information and Evaluation System (ARIES) for mandated care and treatment reporting, program monitoring, statistical analysis and research activities. This information includes the minimum necessary, but is not limited to gender, ethnicity, birth date, zip code, diagnosis status, and service data. No identifying information, such as name and social security number, will be released, published, or used against me without my consent, except as allowed by law.

I understand that my relevant health, including HIV status, and income information will be shared with my local health department, fiscal agents that fund services I receive, the Department of Public Health, Division of HIV and STD Programs, and the State of California Department of Public Health (CDPH), Office of AIDS, AIDS Regional Information and Evaluation System (ARIES) when I request enrollment in care or access to services at a Ryan White Program agency. Only authorized personnel at each agency will have access to my information on a need- to-know basis. The information shared may include information about services received or my treatment at a particular agency. Mental health, legal and/or substance abuse services will only be shared as allowed by law.

In most cases, I will not need to re-register (in Casewatch Millennium®) or provide a letter of HIV diagnosis when I require services from an agency providing services funded by the Ryan White Program or the DPH/Division of HIV and STD Programs.

My registration in Ryan White Program/Casewatch Millennium® does not guarantee services from any agency. Waiting lists or eligibility requirements may exclude me from services at other Ryan White Program/Casewatch Millennium® agencies.

I acknowledge that I have been offered a copy of this consent form, and have discussed it with the staff person indicated below. I understand that this form will be stored in my paper file and that this consent form remains in effect for three (3) years from the date I sign this form.

HIPAA CONSENT

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), established a "Privacy Rule" to help insure that personal health care information is protected for privacy. The Privacy Rule was also created in order to provide a standard for certain health care providers to obtain their patients' consent for uses and disclosures of health information about the patient to carry out treatment, payment, or health care operations.

As our patient, we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. We strive to always take reasonable precautions to protect your privacy. When it is appropriate or necessary, we provide the minimum necessary information only to those we feel are in need of your health care information regarding treatment, payment or health care operations, in order to provide health care that is in your best interest.

We fully support your access to your personal medical records. We may have indirect treatment relationships with you (such as laboratories that only interact with the physician and not patients), and may have to disclose personal health information for purposes of treatment, payment or health care operations. These entities are most often not required to obtain patient consent.

You may refuse to consent to the use or disclosure of your personal health information, but this must be done in writing. Under this law, we have the right to refuse to treat you should you choose to refuse to disclose your Personal Health Information. If you choose to give consent in this document, at some future time you may request to refuse all or part of your Personal Health Information. You may not revoke actions that have already been taken which relied on this or a previously signed consent.

If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer. You have the right to review our Privacy Notice (Compliance Assurance Notification to Our Patients), to request restrictions and revoke consent in writing.

NOLP AFFIDAVIT of INCOME and/or RESIDENCY FORM
MARCH 1, 2024 – FEBRUARY 28, 2025

NOLP # __________

PREFERRED LANGUAGE

☐ English ☐ Spanish
☐ Other: __________

First Name ______ **M.I.** ______ **Last Name** ______ **Date of Birth** ______

Pronoun(s) ______ Chosen Name ______ **Social Security #** ______

Birth Sex: ☐Male ☐Female ☐Other ☐Non-binary or X ☐Prefer not to state

Gender: ☐Male ☐Female ☐Trans M to F ☐Trans F to M ☐Non-Binary ☐Other

* * *

Section One: Affidavit of Income *(only if not receiving public benefits)*

I currently:

❒Have a job
❒Work for myself
❒Have another source of income
❒Have no income (referral provided)
❒Verbal Income Verification

My monthly income is: $______________________

➡ ______________________ Signature of Client ______________________ Date

Section Two: Affidavit of Residency (*to be used only for the following categories*)

I currently:

❒Stay with a friend or Family member
❒Am Homeless
❒Live in a hotel / motel
❒Residency Verbal Verification
❒Stay in an emergency shelter
❒Stay in Transitional Housing
❒Am in permanent housing, like Shelter+Care or SRO Housing
❒Am in a Substance Abuse or Psychiatric Facility

The address where I am staying or storing my food:

Street Address ______________________ Unit/Apt. # ________

City ______________________ ZIP Code ______________________

➡ ______________________ Signature of Client ______________________ Date

Staff Only

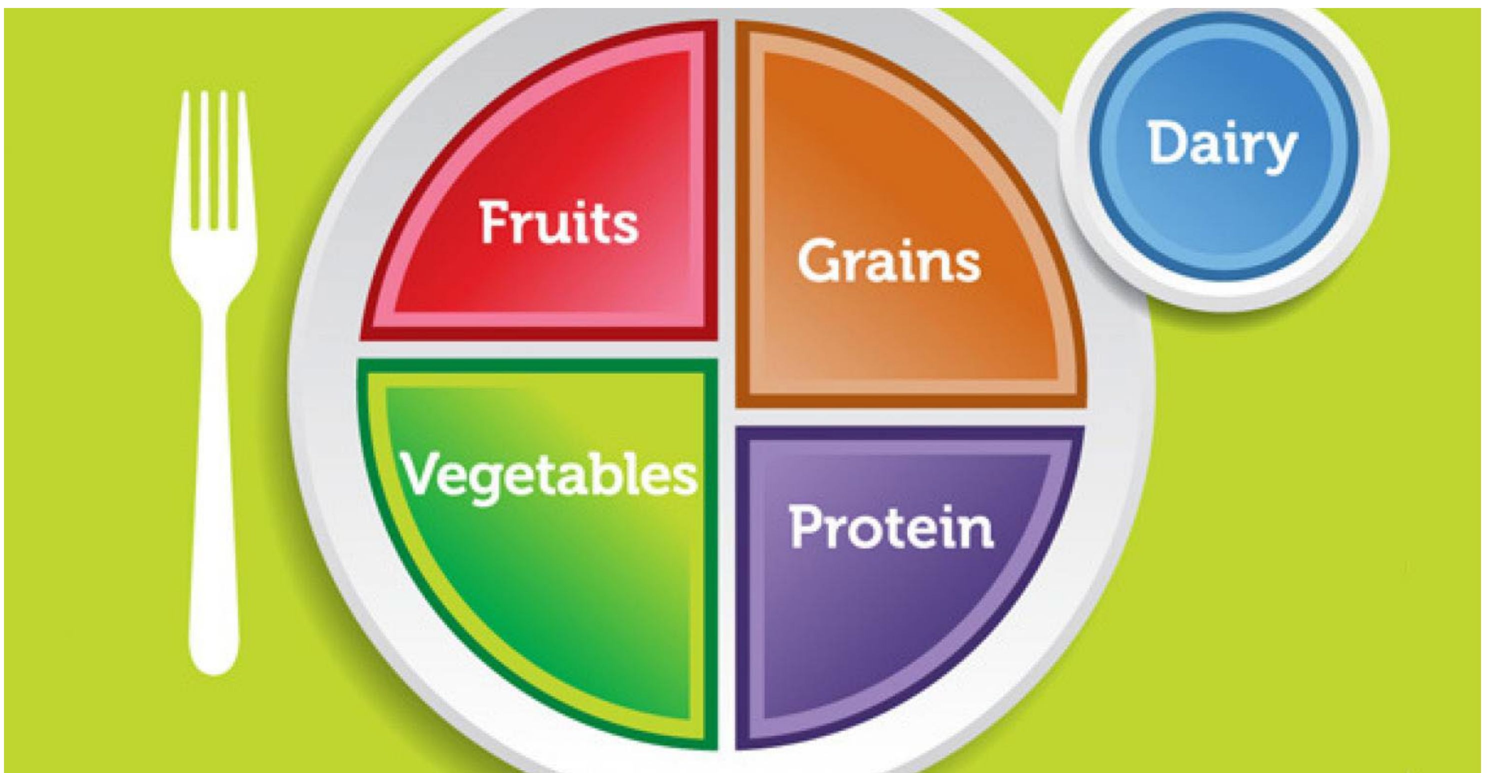
Signature of APLA Health staff member ______ *Date* ______ *Agency (AP) #* ______

Name:____________________________________ **NOLP #:**___________ **DOB:** ____________
(Please print Last Name, First Name)

MyPlate – Quick Reference Nutrition Tool

Step 1: Please read the following. You will use this to answer the questions on page 2.

MyPlate is a visual guide to help with healthy choices from each of the five groups. Using MyPlate can help you create a healthier lifestyle and assure that you receive all the nutrients necessary. Make sure to eat a variety of fruits, vegetables, protein foods, grains, and dairy/dairy alternatives, and choose options low in added sugars, saturated/trans-fat, and sodium.



MORE TIPS:

- Make half your plate fruits and vegetables. More color = more vitamins/minerals.
  - Choose fruits/vegetables that are fresh, frozen, canned, or dried.
  - If preparing canned fruits/vegetables, choose low sodium/added sugars, and rinse to reduce sodium content.
- Make half your grains whole grains. (Whole wheat bread and pasta, brown rice, oatmeal)
- Vary your protein and choose lean options. (fish, poultry, beans, soy products, eggs)
- Dairy should be low-fat or non-fat or dairy alternatives.(low fat milk and cheese, Greek yogurt)
- Limit added sugars, saturated fat, and sodium.

(Please continue onto back)

Step 2: Check Your Understanding.

Please circle the best answer.

1. The 5 parts of MyPlate are:

a. Fruits, vegetables, grains, protein, dairy

b. Sodium, added sugars, cholesterol, saturated fat, and calcium

Reminder: Myplate is a guide to help create balanced meals.

2. Half the plate should include fruits and vegetables.

a. True

b. False

Reminder: More color and variety means you will get more vitamins/minerals.

3. When selecting protein foods, try to choose variety such as:

a. Steak, burgers, pork, and sausage

b. Fish, poultry, beans, soy products, eggs

Reminder: It is best to choose lean proteins low in saturated fat.

4. When choosing grains, half should include whole grains.

a. True

b. False

Reminder: Whole grains include: oatmeal, quinoa, wheat bread, brown rice.

This nutrition tool is now complete. Please return this form to a staff member.