## GET TO KNOW US

- NoraA. O'Connor, LCSW, Director of Behavioral Health Tel: (323) 695-9810 | Email: noconnor@jwch.org
- Jesus Ramirez, Program Manager Tel: (323) 201-4516 | Email: jramirez@jwch.org
- Rebecca Ruiz, Outpatient Coordinator Tel: (310) 608-1505 | Email: rruiz@jwch.org
- Cindy Ferguson, Inpatient Administrative Coordinator Tel: (323) 918-2140 | Email: cferguson@jwch.org
- Natividad Diaz, Recovery Bridge Housing Coordinator Tel: (323) 519-0631 | Email: ndiaz@jwch.org
- Ginny Eck, Medication Assisted Treatment Coordinator Tel: (323) 480-1102 | Email: geck@jwch.org

Our Wesley Health Centers are places of excellence for you and your family. Through our 17 area health centers, we provide comprehensive medical care, physical exams, routine screenings and treatment of injuries and illnesses for men, women and children of Los Angeles County. We provide a full continuum of care for our men, women and children in the Los Angeles area.

Our services include Primary Health Care, Behavioral Health Care, Homeless Health Care, HIV Services, Oral Health Care, Pharmacy Services, Vision Care and Supportive Services which includes our Chronic Disease Case Management, Youth Services, Housing Assistance, Health Education, Nutritional Assistance and Research.

## wesley <br> Health Centers

Call today for an appointment
C (866) 733-5924
wesleyhealthcenters.org
The Substance Abuse Treatment Programs are funded by Los Angeles County Department of Public Health, Substance Abuse Prevention and Control (SAPC) and SAMSHA, Center for Substance Abuse Treatment.

## SUBSTANCE USE

 DISORDER SERVICES
## wesley <br> Health Centers <br> INPATIENT TREATMENT

Women's Residential Program, Mini House, serves women age 18 and over, who have a substance use problem. Mini House specializes in services for pregnant and parenting women. The length of stay is determined by medical necessity.

Mini House - South Los Angeles
303 E. 52nd St., Los Angeles, CA 90011
Intake Number: (323) 918-2139

## ProgramServices:

- Children under the age of 5 can live with their mothe - Intake and Assessment for Level of Care (Level 3.5 and 3.1
- Trauma Responsive Substance Use Treatment
- Assigned a case manager, counselor and therapis
- Group Counseling and Education: Substance Use Education, Relapse Prevention, Helping Women Recovery, Seeking Safety, Anger Management
- Parenting Services: Mommy \& Me, FASD Education, Nurturing Parenting Family Therapy and Play Therapy
- Support with DCFS cases, and Probation/Parole
- Sexual and Reproductive Health Services
- Yoga and Mindfulness Practice
- 12 Step Meetings
- Medication Assisted Treatment education and referra
- Referrals to Medical, Dental and Psychiatry
- Drug Testing


## OUTPATIENT TREATMENT

Solutions Outpatient Program serves men and women seeking substance use treatment. Solutions is a Pregnant and Parenting Program that specializes in services to this high risk female population.

## Solutions Outpatient Program

1218 E. Compton Blvd., Compton, CA 90221
Intake Number: (310) 608-1505

## Program Services

- Intake and Assessment for Level of Care (Level 2.1, 1 and RSS)
- Trauma Responsive Substance Use Treatment
- Assigned a case manager, counselor and therapist
- Group Counseling and Education: Relapse Prevention, Seeking Safety, Beyond Trauma, Domestic Violence, Anger Management, and Life Skills - Womens Way Through the 12 Steps and Helping Men Recover
- Parenting Services: Mommy \& Daddy and Me, and Nurturing Parenting - Support with DCFS cases, and Probation/Parole
- Education and Employment preparation

Enrollment in Homeless Managment Information System for housing referrals

- Medication Assisted Treatment education and referral
- Referrals to Medical, Dental and Psychiatry
- Drug Testing


## RECOVERY BRIDGE HOUSING

Recovery Bridge Housing is an abstinence-based, peer supported housing where women and their children can reside for 180 days. The residents must be enrolled in Outpatient Treatment concurrently.

## ProgramServices:

- Safe and Sober Housing at two locations in South Los Angeles

Communal cooking and sharing meals together
Daily Morning Meditation and Community Meetings

- Building community through, BBQs, celebrating holidays, birthdays and cultural events
Establish employment and enrolling in school when clinically indicated by Outpatient Provider
Child visits held on site
Save money towards permanent housing
Become a Peer Advocate
- Daily chores and weekly double scrub
- Supervised by RBH House Manager

Intake Number: (323) 519-0631

## MEDICATION ASSISTED TREATMENT

Wesley Health Center offers Medication Assisted Treatment to patients who want to reduce their use of opioids and/or alcohol. MAT is the use of FDA approved medications to treating substance use disorder. MAT in combination with individual counseling, outpatient residential treatment provides a comprehensive approach to treatment substance abuse.
intake Number: (866) 733-5924

